



Tyrrelstown GAA- Substance Use Policy

1. Aims and Objectives

The aim of this policy is to ensure that all GAA members are kept safe from substance-related harm when involved in club activities.

Our objectives are:

- To promote the health and wellbeing of all club members.
- To develop a consistent approach to drug-related issues to be adopted by all club members.
- To develop procedures and protocols that address drug-related issues in the club.
- To establish clear procedures for managing specific incidents of suspected drug misuse.
- To provide onward referral to specialist services for members presenting with substance related issues.

2. Scope & Limitations

Cumann Lúthchleas Gael is committed to discouraging the use of drugs and tobacco and the misuse of alcohol on the basis that such activity is incompatible with a healthy approach to sporting activity. It understands that such behaviours can have detrimental social and health consequences on the individuals involved, and on those to whom they are connected.

Tyrrelstown GAA believe that we need to work towards creating a safe, healthy club environment where we can develop the skills and attitudes necessary to enjoy our health to the fullest. All club members, officials, coaches and volunteers as part of this club shall follow the law when it comes to illegal substances, tobacco and alcohol and shall display leadership and good example, particularly when dealing with underage members.



3. Definition of Drugs

For the purpose of this policy the term 'substance' shall be used to cover any chemical which alters how the body works, or how the person behaves or feels and may include all mood-altering substances, both legal and illegal. Examples include:

- Alcohol and Tobacco
- 'Over the counter' medicines that may be misused such as those containing codeine (e.g. Solpadeine), co-codomal, paracodal, cough medicines, antihistamines, laxatives, and paracetamol.
- Volatile substances such as aerosols, glues, petrol, cigarette lighter fuels etc.
- Products and substances sold online and in "headshops" that cause intoxication.
- Controlled drugs such as cannabis, ecstasy, amphetamines, magic mushrooms, cocaine, etc.
- Performance enhancing sports related drugs as outlined by the World Anti-Doping Agency, and covered under Rule 1.16 of the Official Guide Book (for more information, see <https://www.gaa.ie/my-gaa/players/anti-doping>).

4. List of Actions

The Chairperson and Executive of the club shall adopt and discharge actions from the following list in line with available resources and supports. Tyrrelstown GAA shall take the following actions:

- Adhere to GAA Rules 1.18 (l) (i) & (ii) prohibiting the sponsorship of teams catering exclusively for young players under 18 years of age by alcohol companies, including the branding of any gear and equipment. (See GAA Official Guide for full wording).
- Club members, officials, coaches, and volunteers shall not present themselves at official club activities while under the influence of alcohol or any other substances (unless previously declared and prescribed by a medical professional). Where alcohol is being served at an official club function it must be consumed responsibly.
- Coaches and Club Officials shall not smoke/vape, drink alcohol, or use any other substances (unless previously declared and prescribed by a medical professional) while representing their club at matches or training sessions.
- All efforts shall be made to ensure Under 18 players/members are not brought to public houses following matches, outings, or training sessions.
- Alcohol shall not be served at functions exclusively for players aged under 18 years of age.



- Every effort will be made to ensure juvenile medal ceremonies and other juvenile events are not held in public houses.
- Cups shall not be filled with alcohol during celebrations.
- Illegal substances, tobacco and alcohol will not be permitted in changing rooms or at pitch-sides.

All persons associated with our club can help prevent substance-related harm from occurring during club activities.

5.1

Club Members Will be aware of the details of and adhere to Tyrrelstown GAA Substance Use Policy.

5.2 Parents and Guardians Will support the club in the development and implementation of this policy including procedures for handling incidents of suspected substance use.

5.3 The Club Chairperson and Executive shall have good knowledge of the local alcohol, substance and health promotion services to assist in harm prevention and education activities and appropriate responses to incidents should such needs arise.

5.4 Coaches will be aware of the possibility of substance use among players and work with the Healthy Club Officer, Club Chairperson, and Executives with the aim of preventing harm.

5.5 Club Chairperson and Executive: All relevant information pertaining to a potential breach of this policy should be brought to the attention of the Club Chairperson who shall consult with the necessary parties, and informed by this policy, decide on the appropriate action, if any. In the event of the Chairperson not being available to discharge these duties this responsibility will then fall to the Vice Chairperson or Secretary.

6. Education programme about drugs and alcohol:

The Club Chairperson and Executive shall make arrangements with local drug, alcohol, youth or health promotion services to provide drug education for interested youths and adults associated with the club. More information can be found at www.gaa.ie/community.

7. Protocol for dealing with incidents:

Tyrrelstown GAA shall endeavour to respond to all substance-related incidents in a firm but fair manner, with due respect for the safety and welfare of individuals involved, other members of the club and the wider community and shall also fulfil any legal obligations that might apply. The points below offer guidance to the club in handling incidents involving illicit drugs both during club activities and relating to members in a wider societal context.



7.1 The use of illicit drugs is viewed as unacceptable by Tyrrelstown GAA and may be dealt with by way of warnings, suspensions and expulsions as deemed appropriate by decision of the County Executive, on a case-by-case basis, with proportionality considered. It is also unacceptable for members or officials to present themselves for county duties while under the influence of a drug. (Suspension, if issued, will mean that the member involved cannot represent the club in any way during their term of suspension.) Considerations may be made for incidents involving members that occur outside official county activities of events.

7.2 In a case where a club becomes aware that a member has been charged with the illegal supply of drugs the Club Executive will ask this individual to stand aside from club activities until the matter has been dealt with in the court of law, notwithstanding the individual's right of a presumption of innocence until proven guilty. (Where it is known that a club member is being charged with the illegal supply of drugs the matter must be brought to the attention the Community & Health Department in Croke Park, who can give guidance on the appropriate response on a case-by-case basis.)

7.3 Members of the Club Executive should arrange to meet with those involved in an incident with which this policy is concerned. Details recorded in critical incident forms should be discussed and appropriate support should be offered to those involved. The same members of the Executive should also consider a separate meeting with the club member who has negatively impacted the club in relation to drug, alcohol or tobacco use. Consideration should be given to the health and wellbeing of the person, with signposting to appropriate drug, alcohol, and psychological supports. (See contacts at end of policy). It should be made clear to all parties involved that media requests should be handled by Croke Park Head Quarters.

8. Appeal and Review process:

A suspended member will have the right of appeal to the Hearings Committee of the County Executive where a member of the Club Executive and the suspended member will have the right to be heard. Normal Standing orders will apply to such a meeting.

9. Reporting of Incidents:

Alleged or confirmed incidents in breach of this policy shall be referred to the Club Chairperson and Children's Officers. Matters relating to the supply of drugs MUST also be brought to the attention of the chair of the County Health & Wellbeing Committee, who can give guidance on the appropriate response on a case-by-case basis.

9.1 Recording of Information:

Information regarding alleged or confirmed incidents in breach of this policy shall be recorded in writing. The recording of factual information only is recommended, and all opinions shall



be stated as such. Responses to cases shall also be recorded in this way. Only in confirmed cases shall the names of individuals be recorded.

9.2 Confidentiality:

While it is not possible to guarantee, every effort shall be made to respect confidentiality.

9.3 Involving Parents/Guardians:

Incidents involving any person under 18 years of age will require their parents/guardians to be informed. Parents/guardians shall be invited to discuss what has happened and shall be informed of any course of action to be taken by the club. The Club Chairperson shall nominate a person to inform parents/guardians in each case.

9.4 Garda Síochána Involvement:

Incidents that involve the illegal supply of drugs shall require Garda Síochána involvement. In all other drug-related incidents, each case shall be considered on an individual basis and the decision shall rest with the Club Chairperson as to whether or not the Garda Síochána/PSNI is involved.

9.5 Media guidelines:

Any incident that attracts or has the potential to attract media interest or attention should be reported to Croke Park. The club should not engage in any discourse with the media, rather should signpost them to the Communications Department in Croke Park. Email: communications@gaa.ie

10. The Club Chairperson retains the right to direct a search of any part of club property if there is reasonable cause to believe a substance in breach of this policy is contained therein. Two officials of the club shall conduct the search. Club officials are not allowed to search an individual or their personal property. Where there is reasonable cause to believe a person has in their possession a substance in breach of this policy, they shall be asked to volunteer the substance. If they refuse, the Garda Síochána/PSNI may be called in to conduct a search.

10.1 Disposing of suspected illegal substances:

If a suspected illegal substance is found on club property it should be brought to the attention of the Club Chairperson. The substance should be stored securely, and the Chairperson shall contact Garda Síochána to have it collected or to inform them who from the club will deliver it to them and when. Any movement of suspected illegal substances shall be recorded and witnessed by two club officials. At no time should a suspected illegal substance be removed from club property without the knowledge of the Garda Síochána.



11. Dealing with drug litter/paraphernalia:

Drug paraphernalia, when it is not disposed of properly, is known as drug litter. Drug paraphernalia is any equipment or material that is used for making, using or carrying drugs. Some such materials can pose considerable health risks (especially syringes). To find out more about the proper disposal of such materials see: <http://www.drugs.ie/resources/dealing-with-drug-litter/safe-disposal-of-drug-litter-and-paraphernalia/>.

12. Availability, use and storage of solvents and gases:

Many solvent based products have the potential to be abused (e.g. deodorants, paints, thinners, cleaning fluids etc). All solvent based materials and gases shall be stored securely and safely away from public access.

13. Monitoring and Evaluation:

This policy is in force at all times and during all activities conducted under the aegis of Cumann Lúthchleas Gael. This policy shall be evaluated annually and after every drug-related incident.

This policy shall come into effect on ____________ and shall be reviewed annually thereafter by the Healthy Club Officer in conjunction with the Club Chairperson and Executive.

Signed _____ Club Chairperson Date ____________

Signed _____ Healthy Club Officer Date ____________